

Unclassified

# First Army 102 for Spouses



Army Family  
Strong Video



COL Gary Davis

First Army  
First In Deed



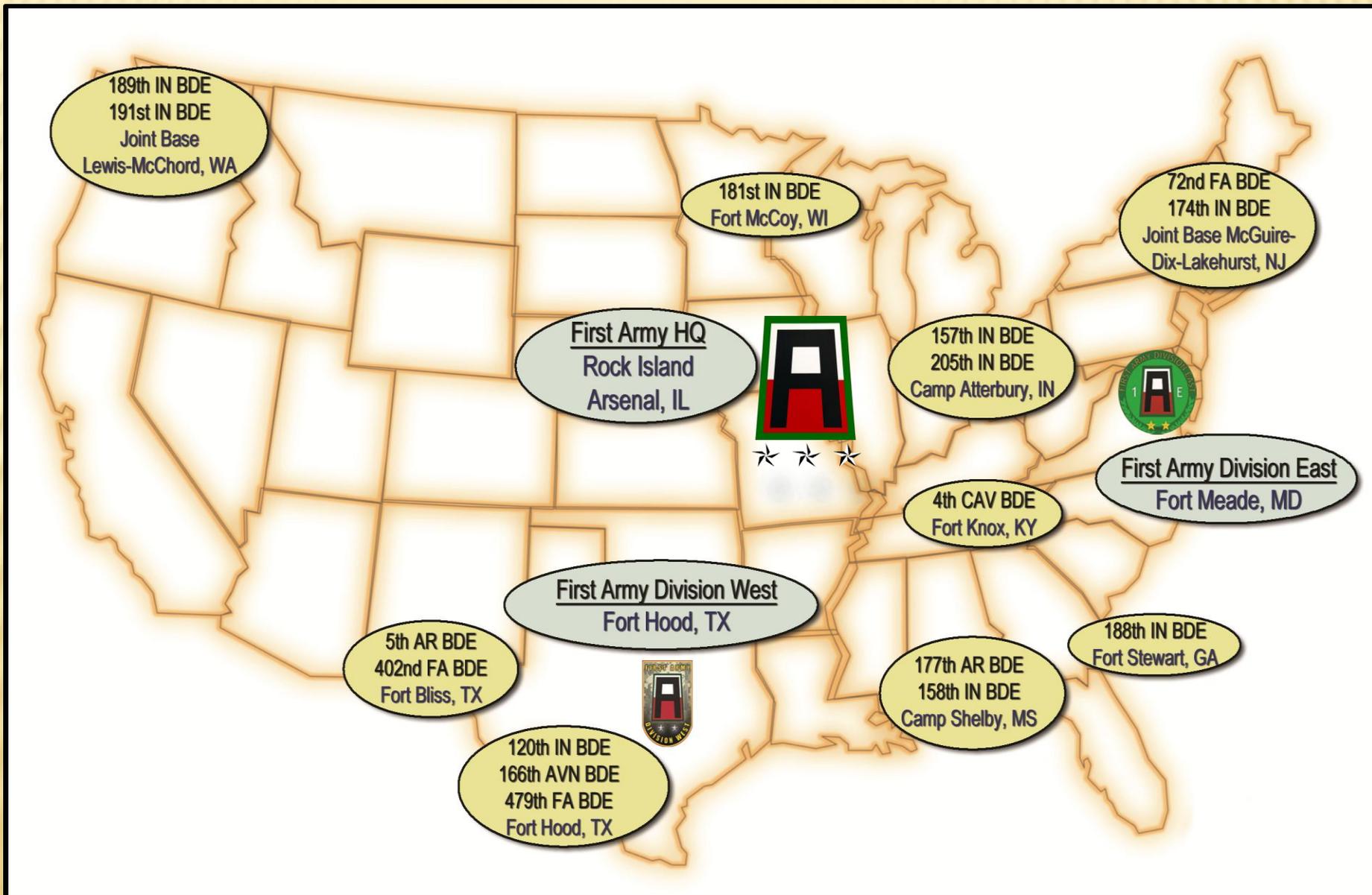
# Mission

**First Army mobilizes, trains, validates, and deploys Reserve Component (RC) units in accordance with the Combatant Commander, Department of the Army, and Forces Command directives. As directed, provides training for Joint, Combined, and Active Army Forces.**

**MOBILIZE      TRAIN      DEPLOY**



# First Army Units & Mobilization Training Centers





# Mobilization

- **Reserve component units are notified 12 months prior to mobilization**
  - **Soldiers report to armories or Army Reserve centers**
  - **Soldiers depart for Mobilization Training Centers (MTCs)**
  - **Soldiers arrive at MTCs and begin in-processing**
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# Training

- **All units are manned, equipped, and fully trained by FIRST ARMY to meet the unit's particular mission.**
- **Training length depends on the unit mission.**
- **During the training period, Soldiers are not allowed to leave the MTC unless a pass is authorized. Alcohol is not authorized during the training period, in accordance with General Order #1.**



# DEPLOY / REDEPLOY



9 Months  
"Boots on the  
Ground"





# Army Reserve

## VIDEO

Army Reserves Celebrate 100 Years

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# MISSION

The Army Reserve's mission, under Title 10 of the U.S. Code, is to *provide trained, equipped, and ready Soldiers and cohesive units to meet the global requirements across the full spectrum of operations.*

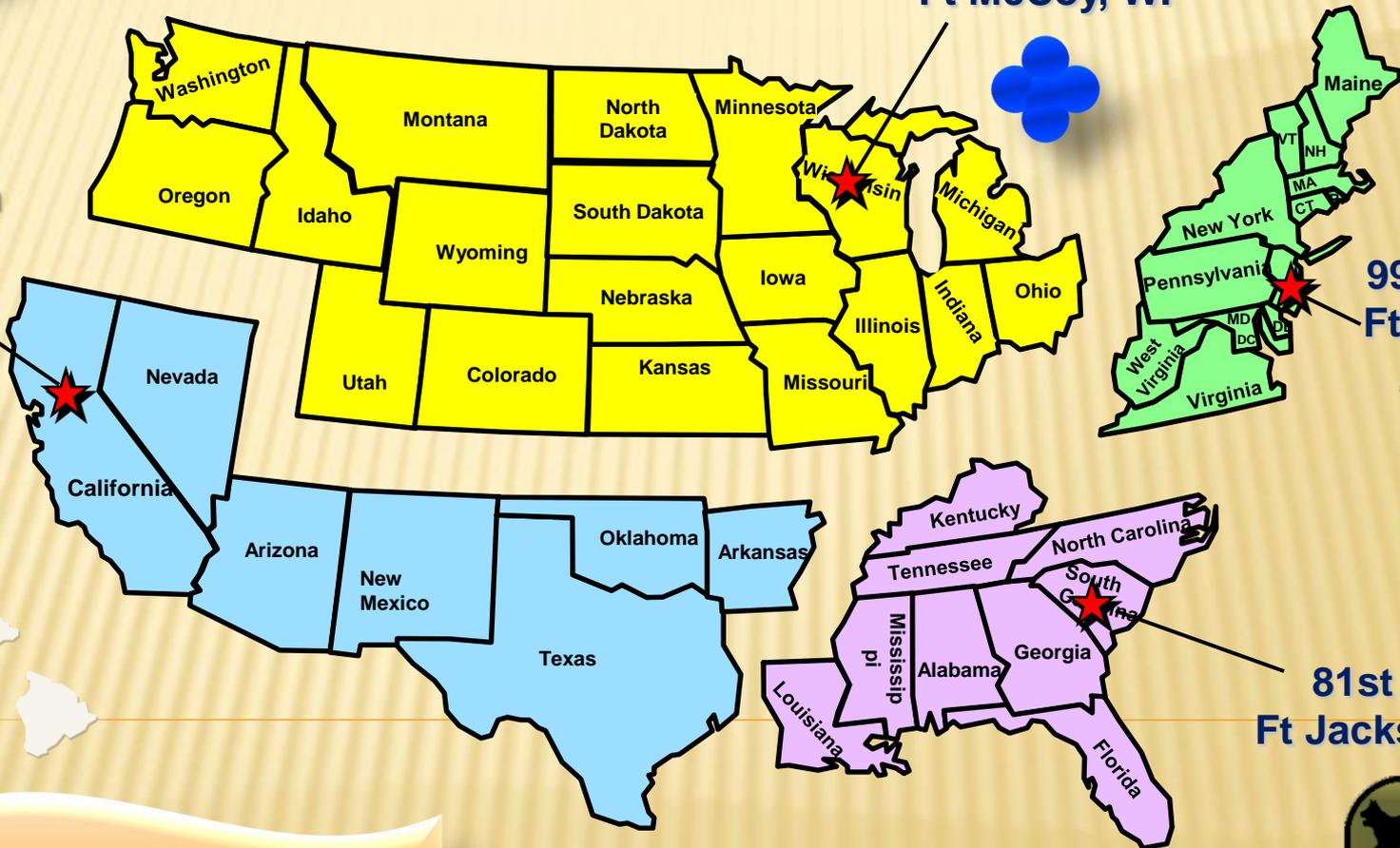
The Army Reserve is a key element in the Army multi-component unit force, training with Active and National Guard units to ensure all three components work as a fully integrated team.

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# Regional Support Commands

**63<sup>d</sup> RSC**  
**Mountain View, CA**



**88th RSC**  
**Ft McCoy, WI**



**99th RSC**  
**Ft Dix, NJ**



**81st RSC**  
**Ft Jackson, SC**



**205K Soldiers**



# Army Reserve Regional Contacts



## 63d Regional Support Command – South West

153 Dailey Road

Moffett Field, California 94035-1000

Family POC: Mr. W.K. Jones, 650-526-9623, [william.k.jones@usar.army.mil](mailto:william.k.jones@usar.army.mil)



## 81st Regional Support Command (Southwest (VA to FL and PR))

1525 Marion Avenue

Fort Jackson, South Carolina 29045

Family POC: Mrs. Christa Burns, 803-751-9914, [christa.burns1@usar.army.mil](mailto:christa.burns1@usar.army.mil)



## 88th Regional Support Command – Mid West (across OH, MI and Oregon)

60 South O. Street

Fort McCoy, Wisconsin 54656

Family POC: Mrs. Rochelle Wheeler, 1-877-560-3086 OR 608-388-0447,  
email address: [Rochelle.wheeler1@us.army.mil](mailto:Rochelle.wheeler1@us.army.mil)



## 99th Regional Support Command – Northeast (Maine to VA, DC)

5231 S. Scott Plaza

Joint Base McGuire-Dix-Lakehurst, New Jersey 08640-5062

Family POC: Ms. Cheryl Davis, 609-562-7507, [cheryl.e.davis@usar.army.mil](mailto:cheryl.e.davis@usar.army.mil)



# Army National Guard

## VIDEO

**Army National Guard 375 Years of Value and Vigilance**

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# Mission

**The Army National Guard is a community-based, dual missioned, operational force.**

**US Code Title 32 = State Mission**

**US Code Title 10 = Federal Mission**

**The Army National Guard provides the Army with ready units in predictable cycle that responds in support of Combatant Commanders on a global level and domestic missions on behalf of the governors.**

# Army National Guard in 50 States & 4 Territories



**358K Soldiers**



# **Army National Guard Family Programs**

**Family Programs Branch Chief  
ARNG-HRS**

**Office: (703) 607-3027**

**BB: (703) 302-0489**

**Email: [andrew.m.bishop@us.army.mil](mailto:andrew.m.bishop@us.army.mil)**

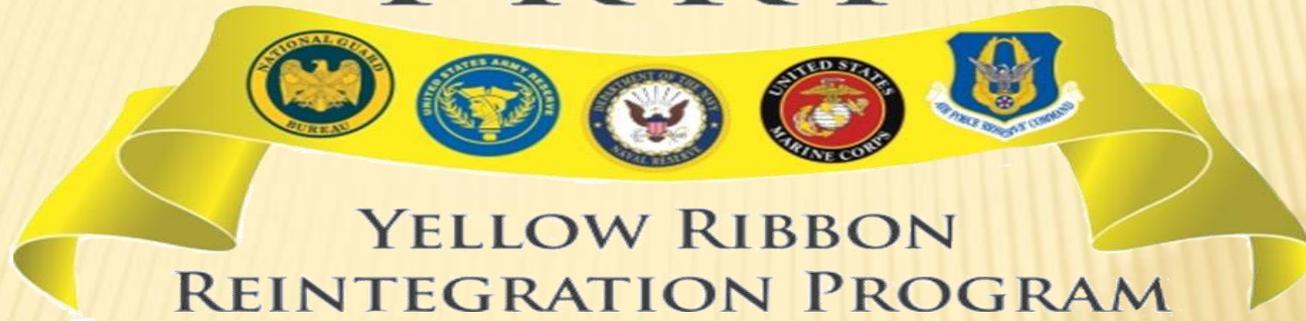
**24/7: 1-888-777-7731**

**Email: [ngb.j1.fp@ng.army.mil](mailto:ngb.j1.fp@ng.army.mil)**

**<http://www.jointservicesupport.org/>**



# Y R R P



**The Secretary of Defense initiated the Yellow Ribbon Reintegration Program which provides information, services, referral, and proactive outreach programs to Soldiers of the Army Reserve, National Guard, and their Families through all phases of the deployment cycle.**

**The goal of the Yellow Ribbon Reintegration Program is to prepare Soldiers and Families for mobilization, sustain Families during mobilization, and reintegrate Soldiers with their Families, communities, and employers upon redeployment or release from active duty.**



# Yellow Ribbon Reintegration Program Contacts



## ❑ US Army Reserve Command (USARC):

- Headquarters, USARC, Fort Bragg, North Carolina  
Terry Stegemeyer, [terry.stegemeyer@us.army.mil](mailto:terry.stegemeyer@us.army.mil), (910) 570-9035
- 85th Division (Training Support), Arlington Heights, Illinois  
CPT Jessica Callahan, [jessica.callahan@usar.army.mil](mailto:jessica.callahan@usar.army.mil), (847) 506-2105  
SSG Guadalupe Valletellez, [valletellez.guadalup@usar.army.mil](mailto:valletellez.guadalup@usar.army.mil),  
(847) 506-7607
- 87th Division (Training Support), Birmingham, Alabama  
Mr. Bill Ankesheiln, [bill.ankesheiln@usar.army.mil](mailto:bill.ankesheiln@usar.army.mil), (205) 987-8443 x4463  
SFC Mary Billingslea, [Mary.Billingslea@usar.army.mil](mailto:Mary.Billingslea@usar.army.mil), (501) 771-7943

## ❑ National Guard Bureau (NGB):

- Headquarters, NGB, Arlington, Virginia  
LTC Jim Bibb, [jim.bibb@us.army.mil](mailto:jim.bibb@us.army.mil), (703) 607-9740



*A no charge, career-services program  
that collaborates with the civilian sector to...*

- Match skill sets between Service members and civilian sector jobs
- Facilitate career opportunities and employment for Reserve Component Service members, their Family and Veterans
- Capitalize on shared training and credentialing between the military and the civilian sector
- Identify and implement future workforce innovations
- Reduce unemployment rates of our veterans

### CONTACTS

Toll Free: 1.877.450.HIRE (4473)

Website:

[www.employerpartnership.org](http://www.employerpartnership.org)

E-mail For Service members:

[gethired@employerpartnership.org](mailto:gethired@employerpartnership.org)



# RESOURCES

[Google](#)

[Military OneSource](#)

[Dept of Veterans Affairs](#)

[Operation Enduring Families](#)

[Exchange Online Catalog](#)

[Commissaries.com](#)

[TRICARE](#)

[American Red Cross](#)

[Defense.gov](#)

[DFAS](#)

[Reserve Affairs DoD Schools](#)

[ESGR](#)

[Fisher House Foundation -](#)

[IRS e-file](#)

[Homeland Security](#)

[Military HOMEFRONT](#)

[Military Health System](#)

[Military INSTALLATIONS](#)





# FAMILY READINESS

- Family separations are a part of Army life, but can be made easier with good planning, preparation, and a strong communication link with the unit.
- An integral part of Family Readiness is the assurance that Family members are aware of Army benefits and entitlements. Family Readiness Groups (FRG) can assist in determining eligibility, accessing services, and providing other pertinent information.
  - ✓ The FRG keeps people connected and informed, provides referrals to resources and tools to be self-sufficient, and helps in time of need.
  - ✓ The FRG provides a network of communication among Family members, the Chain of Command, the Chain of Concern, and community resources.
- Additional Family Readiness information is included in the First Army 101 for Spouses presentation on the Headquarters First Army Family Programs website [First Army 101](#)

# Trained & Ready Soldiers



**Returning Combat Veterans**



# QUESTIONS

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